



SAILING INSTRUCTIONS 2023

1. RULES

Races will be sailed according to the rules laid down by World Sailing and class concerned; subject to the Club instructions as posted on the Club's notice board.

2. ENTRIES

Every boat competing in a race must be entered on the race entry sheet before the class-warning signal (10 minutes).

3. LIABILITY

The safety of a boat and her entire management including insurance shall be the sole responsibility of the owner/person in charge who must ensure that the boat and crew are adequate to face the conditions that could arise during race. Neither the Club, their officials or volunteers shall be responsible for any loss, damage, death, or personal injury however caused as a result of any person taking part in sailing from the club. Each owner/person in charge is responsible for ensuring that the competitor and boat sailed at the club hold adequate third party insurance to cover a minimum of £2,000,000.

4. PERSONAL FLOATATION DEVICE

Personal floatation device must be worn by both helm and crew in centreboard races. Any other helm or crew under 18 years must wear personal floatation device. The committee strongly recommends the use of personal floatation device by all helms and crews.

5. SAFETY

5a. The Officer of the Day will be responsible for ensuring that there is a crew for the Safety Boat/s. No one under the age of 16 years will be in the boat for Safety Duties without the prior permission of the Sailing Committee.

5b. It is a condition of racing that a Competitor shall comply with the instructions of Safety Boat crews. Any action by these crews solely intended to ensure the safety of a competitor, such as recovering crew or separated components of the boat, is not "outside help" as defined in RRS 41 and is not subject to protest from another competitor. The competitor may continue to race.

5c. Where the Safety Boat crew renders assistance greater than that necessary solely for the safety considerations, such as righting or re-orientating the boat, providing spares or effecting repairs, the crew may so advise the competitor who shall retire immediately."

6. COURSES

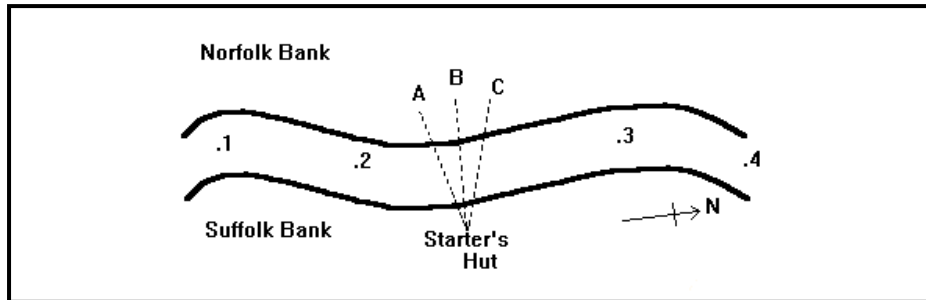
Sailing courses will be set by the Officer of the Day and will be displayed outside the starters hut. Any buoy not in the sailing course is to be disregarded.

The officer of the day may, at his discretion, set an alternative course for the slower handicap races. The course for fast handicap boats will be posted on the upper board and for slow handicap boats, on the lower board.



7. CLASS SIGNALS

Class warning signals, as shown on the Club notice board will be used.



8a. STARTING

The signal for all races will be at five-minute intervals and shall be as follows:

| | |
|--------------------|--------------------------------------|
| Warning signal | 1 sound and class flag displayed |
| Preparatory signal | 1 sound and P displayed |
| Starting signal | 1 sound and class and P flag lowered |

When classes are started

- 1) At 10 minute intervals the warning signal for each succeeding class shall be displayed at the starting signal of each preceding class
- 2) At 5 minute intervals the preparatory signal for the first class to start shall be left until the last class has started. The warning for each succeeding class shall be displayed at the preparatory signal for each preceding class.

When a start is recalled the warning signal of the next class shall be lowered after the general recall has been signaled.

All boats must be clear of the bank at the preparatory signal.

8b. INDIVIDUAL RECALL

Rule 29.1 shall apply; excepting that flag 'X' will not be displayed. A single sound signal will be made, the class flag held at the dip and the individual boat will be hailed where possible.

8c. GENERAL RECALL

Rule 29.2 shall apply. The first substitute will be hoisted accompanied by two blasts of a sound signal.

8d. STARTING LINES

The starting lines will be an imaginary line drawn from the flag pole on the starting hut to one of the three posts on the Norfolk bank. The posts are lettered A, B and C. The actual line will be indicated by its letter on the sailing course board.

8e. MULTIPLE STARTS

For successional starts a starting exclusion zone is marked by the up river and down river green posts nearest the start line on the Norfolk bank. Boats other than those in the first of a sequence, may not sail between these posts before the preparatory signal. Any boat interfering with a start that is not their own, may be penalised at the discretion of the Officer of the Day by disqualification without a hearing, this alters rule 63.1



8f SPLIT STARTS

The OOD may call for split starts, this will be determined by the size of the fleet and the weather conditions. A yellow Q Flag will be displayed before the start sequence.

For club series racing, the division shall be monosail and multi-sail boats, details to be displayed in the clubhouse.

For open meetings, a flight system will be used and additional instructions displayed in the club house and on line.

9. FINISH LINE

The finishing line will always be the 'B' line.

10. TIME LIMIT

Unless the leading boat in the race completes one round within an hour, the race will be abandoned.

11. ABANDONMENT AND SHORTENING COURSE AFTER THE START

Rule 32.1 shall apply. Flag 'S' will be accompanied by two sound signals for shortened course. The course will be shortened by the Officer of the Day as the leading boat in the class approaches the starting hut from buoy no. 2 or no. 3, whether they are rounding the marks in the course or not.. The race will finish the next time the finish line is crossed.

12. FINISHING

After finishing, rule 28.1 shall apply.

13. ALTERNATIVE PENALTY

Rules 44.1 and 44.2 shall apply.

14. PROTESTS

Protests shall be notified in writing to the Officer of the Day within 30 minutes of the finish of the race. Protests will be heard at a time and place convenient to the Protest Committee but always on the same day. For Club racing, Regatta and other open meetings, a fee of £10.00 will be charged. This fee will be refunded if the protest is upheld.

14b. ILLEGAL PROPULSION

The protest committee may penalize without a hearing a boat that has broken Rule 42. For the purpose of Appendix P the sailing committee and the OOD are designated observers and a minimum of three of these will constitute the Protest Committee

14c. CLASS EXEMPTIONS

In mixed fleet racing actions allowed by individual class rules under Rule 86.1c are not permitted.



15a. SCORING SYSTEM

A trophy will be awarded only for points gained by the same helm sailing the same boat. Only BASC members are eligible to compete for Club trophies. For all races the scoring system will be the scoring system prescribed in **APPENDIX A** of the rules, using the low points system. Boats retiring will receive one point more than the number of boats entered in that race.

A boat must sail a minimum number of races in a series to be deemed to have sailed the series. This number will be set for each series by the Sailing Committee.

15b. SPECIAL DISPENSATION

A helm may apply in writing to the Sailing Committee for permission to race for points in a different boat of the same Class, for the same Trophy. The Sailing Committee shall have the power to accept or reject the application.

16. HANDICAPS

Portsmouth Yardstick numbers as published by the RYA will be used for handicapping. If considered necessary by the Sailing Committee, local variations of these numbers will be allocated for the season and displayed on the Club's notice board.

17. TIES

If there is a tie in a series the system described in Appendix A8 of the RYA racing rules will apply.

18. MOORING

While racing is in progress, no boats shall be moored anywhere along the Club's piled frontage with any sail set, and may be penalised at the discretion of the Officer of the Day by disqualification without a hearing, this alters Rule 63.1.

19. **THESE SAILING INSTRUCTIONS REPLACE ALL PREVIOUS INSTRUCTIONS.**